

Paul J. O'Brien Jr., DC
Bayside Chiropractic, PC
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Paul J. O'Brien, Jr., D.C., graduated from Logan College of Chiropractic in August 1999. He has achieved Advanced Certification in Sacro Occipital Technic and has completed advanced training in Soft Tissue Orthopedics and Craniopathy. He is licensed in Massachusetts and Rhode Island.

Dr. O'Brien is originally from the Boston area. He graduated from American University in 1991 with a Bachelor of Arts degree in philosophy and criminal justice. He worked as an insurance broker until 1994, when he decided to pursue a chiropractic education.

Dr. O'Brien is in private practice in Seekonk, MA, where he enjoys working with infants, children, adolescents, adults and older adults to obtain and maintain optimum health. He volunteers for local events such as road races, health fairs, and the Gravity Games as medical staff. He has also volunteered with the Red Cross and FEMA in response to the September 11th terrorist attacks.

Dr. O'Brien is a member in good standing of the Chiropractic Society of Rhode Island, Sacro Occipital Research Society International, International Systemic Health Organization, International Chiropractic Association, the International Chiropractic Association Council on Pediatrics, and the Rhode Island Birth Network. He was a SORSI board member 2004 - 2010. In 2007, he co-founded Friends of SOT®[®], a study group that sponsors SOT®[®] seminars. He was a board member of SOT®[®] International 2008 - 2012.

Dr. O'Brien is a 2019 graduate of the 10,000 Small Businesses Program (10KSB) from Goldman Sachs and the State of Rhode Island.

Postgraduate and Extra Curricular Training completed:

October 1996 -- SORSI Omaha Annual Convention
February 1997 -- Chiropractic Manipulative Reflex Technique Seminar, Dr. John Crescione
March, April, June 1997 -- Soft Tissue Orthopedics, Dr. Catherine Quill
June 1997 -- Cranial Seminar, Dr. Mark Pick
July 1997 -- Postural Analysis and Extremity Adjusting, Dr. John Crescione
January 1998 -- Postural Analysis and Extremity Adjusting, Dr. John Crescione
February 1998 -- Cranial Seminar, Dr. John Crescione
March 1998 -- Chiropractic Manipulative Reflex Technique Seminar, Dr. Kurt Larsen
March, May, June 1998 -- Soft Tissue Orthopedics, Dr. Catherine Quill
April, May, June 1998 -- Sacro Occipital Technique Series, Drs. Ned Heese and Kurt Larsen
October 1998 -- SORSI Omaha Annual Convention
March 1999 -- Pregnancy and Pediatrics, Dr. Suzanne Seekins
March, May, June 1999 -- Soft Tissue Orthopedics, Drs. Catherine Quill and Will Edwards
June 1999 -- Postural Analysis, Dr. John Crescione
Summer 1999 -- Clinical Rotation, Dr. Michelle Walker
October 1999 -- SORSI Omaha Annual Convention
March, April, May 2000 -- Advanced Cranial Seminar Series, Drs. Silmar Skipsted and C. Curtis Buddingh
June 2000 -- Advanced Soft Tissue Orthopedics, Drs. Catherine Quill and Will Edwards
Jan, Feb, Apr 2001 -- Advanced Cranial Seminar Series, Drs. Silmar Skipsted and C. Curtis Buddingh
June 2001 -- Advanced Soft Tissue Orthopedics, Drs. Catherine Quill and Will Edwards
October 2001 -- SORSI Omaha Annual Convention
April 2002 -- Advanced Pediatrics Seminar, Dr. Martin Rosen
October 2002 -- SORSI Omaha Annual Convention
April 2003 -- Midwinter SORSI conference, Advanced Certification completed
June 2003 -- Advanced Soft Tissue Orthopedics, Drs. Catherine Quill and Will Edwards
October 2003 -- SORSI Omaha Annual Convention

February 2004 -- SORSI Midwinter Cranial Seminar
September 2004 -- Advanced Soft Tissue Orthopedics, Drs. Quill and Edwards
September 2004 -- Vector Point Cranial Seminar, Dr. David Denton
October 2004 -- SORSI Omaha Annual Convention
October 2004 -- Elected to the Board of SORSI for 3-year term
April 2005 -- SORSI Midwinter Cranial Seminar.
June 2005 -- Advanced Soft Tissue Orthopedics Seminar, Drs. Catherine Quill and Will Edwards
October 2005 -- SORSI Omaha Annual Convention
April 2006 -- SORSI Midwinter Cranial Seminar
June 2006 -- Soft Tissue Orthopedics, Drs. Catherine Quill and Will Edwards
October 2006 -- SORSI Omaha Annual Convention
April 2007-- SORSI Midwinter Cranial Seminar
May 2007 -- Friends of SOT® New England Advanced Cranial Seminar, Dr. Michael Cindrich
October 2007-- SORSI St. Louis Annual Convention
November 2007 -- Friends of SOT®
New England Cranial Headaches Seminar, Dr. John Farmer
April 2008 -- SORSI Midwinter Cranial Seminar
October 2008 -- SORSI St. Louis Annual Convention
April 2009 -- Midwinter Cranial Seminar
October 2009 -- SORSI St. Louis Annual Convention
February 2010 -- Friends of SOT® New England Functional Pregnancy Seminar, Dr. Suzanne Seekins
March 2010 -- Friends of SOT® Chiropractic Pediatric Seminar, Dr Suzanne Seekins
April 2010 -- SORSI Midwinter Cranial Seminar, Chicago
October 2010 -- SORSI St. Louis Annual Convention
March 2011 -- Pregnancy and Birth Trauma Seminar, Dr. Steve Williams
April 2011 -- SORSI Midwinter Cranial Seminar, Pediatric and Pregnancy tracks
April 2011 -- Neonatal Examination / Spinal & Cranial Corrections, Dr. Steve Williams
May 2011 -- Neurobehavioral Disorders & Plagiocephaly, Dr. Steve Williams
June 2011 -- Treatment of Common Pediatric Syndromes, Dr. Steve Williams
October 2011 -- SORSI St. Louis Annual Convention
April 2012 -- SORSI Midwinter Cranial Seminar in Colorado
May 2012 -- Kinesio Taping Seminar, Summit Group
October 2012 -- SORSI Omaha Annual Convention
April 2013 -- SORSI Midwinter Cranial Seminar in Atlanta
October 2013 -- SORSI Omaha Annual Convention
April 2014 -- SORSI Mid-Year Cranial Seminar in North Carolina
October 2014 -- SORSI Annual Convention in Houston
March 2015 -- Conference on Pediatric Tongue- and Lip-Ties, Tufts University Dental School, Boston
April 2015 -- SORSI Mid-Year Cranial Seminar Kansas City
September 2015 -- Conference on Pediatric Tongue and Lip-Ties, Tufts University Dental School, Boston
November 2015 -- SORSI Homecoming Seminar in Denver
September 2016 - Conference on Pediatric Tongue- and Lip-Ties in Ohio
October 2016 - SORSI Homecoming Seminar in Denver
April 2017 -- RI Breastfeeding Coalition Conference Providence
October 2017 -- SORSI Homecoming Seminar in Denver
April 2018 -- SORSI Mid-Year Cranial Seminar in Atlanta
October 2018 -- SORSI Homecoming Seminar in Denver
March 2019 -- RI Breastfeeding Coalition Conference Providence
April 2019 -- SORSI Mid-Year Seminar in St Louis
October 2019 -- SORSI Homecoming Seminar in Denver
October 2020 -- SORSI Homecoming Seminar in Denver
October 2021 -- SORSI Homecoming Seminar in Denver
April 2022 -- SORSI Mid-Year Seminar in Kansas City, MO
March 2023 -- SORSI Mid-Year Seminar in Cincinnati
October 2023 -- SORSI Homecoming Seminar in Chicago
