

Tiana L Torres, DC, CP
One Goal Wellness
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Education

Logan University. Master of Science in Sports Science & Rehabilitation (Chesterfield, MO) – 2012
Palmer College of Chiropractic. Doctor of Chiropractic (Davenport, IA) – 2011
Southern Illinois University Edwardsville. Kinesiology: Exercise & Wellness (Edwardsville, IL) - 2008

Clinical Experience

One Goal Wellness, Private practice. Lake Villa, IL. 2018-Present
Lindsey Chiropractic, Associate Doctor. Island Lake, IL. 2012-2018

Professional Affiliations

Sacro Occipital Research Society International (SORSI)
Lindenhurst, Lake Villa, Round Lake Area Chamber of Commerce
Grayslake Chamber of Commerce
Wisconsin Chiropractic Association

License & Certifications

Chiropractic Physician Illinois & Missouri
Performance Health Rehabilitation Program
Chiropractic Pediatrics
Reiki 1
Reiki 2
Reiki 3

Other Interests

Reading (fiction)
Watching sports
Her dogs (Apollo & Clyde)
Baking
Traveling
Spending time with friends and family